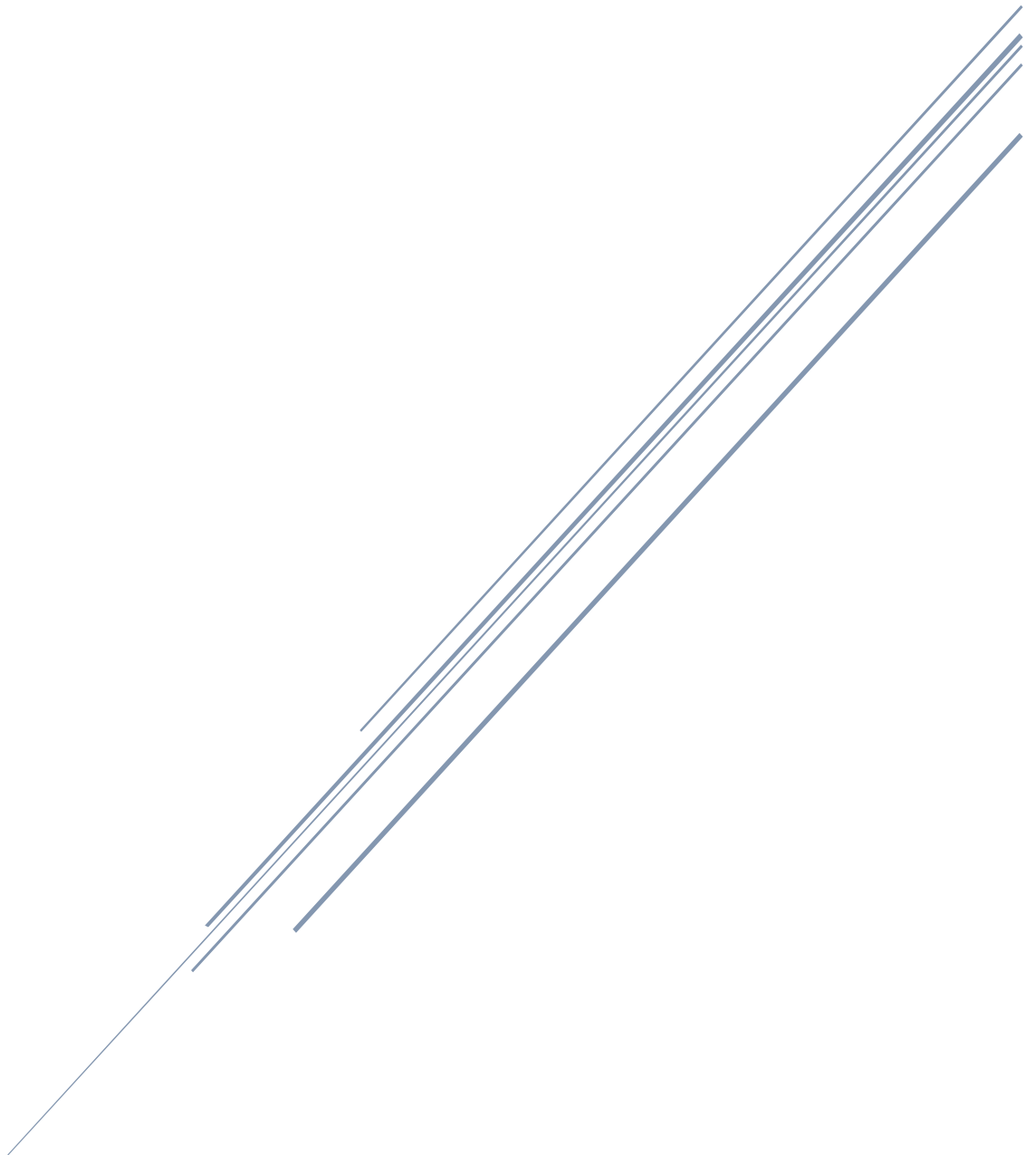




McLean Care<sup>®</sup>



Example Three Day Menu

*Not all menu options are displayed in this menu*

## MONDAY

### Breakfast

Choice of Cereal *OR* Porridge *OR* Bacon/Poached Eggs *OR* Wholemeal Toast with Selection of Spreads

*With*

Fresh Fruit/yoghurt

### Morning Tea

Tea/Coffee/Milo/Milkshakes

*With*

Scones/Cake/Slice/Biscuits

*Fruit Available*

### Lunch

Sausages & Gravy *OR* Butter Chicken

*With*

Mashed potato, Beans & Carrots

*Ice-Cream & Topping*

*Pear/orange juice*

*Fruit Available*

### Afternoon Tea

Tea/Coffee/Milo

*With*

Biscuits

*Fruit Available*

### Tea

Cream of Mushroom Soup *OR* Chicken Carbonara *OR* Mixed Sandwiches

*Fresh Fruit Available*

## TUESDAY

### Breakfast

Choice of Cereal *OR* Porridge *OR* Wholemeal Toast with Selection of Spreads

*With*

Fresh Fruit/yoghurt

### Morning Tea

Tea/Coffee/Milo/Milkshakes

*With*

Scones/Cake/Slice/Biscuits

*Fruit Available*

### Lunch

Apricot Chicken *OR* Curry Sausages

*With*

Rice, Peas & Corn

*Tropical Trifle*

*Pear/orange juice*

*Fruit Available*

### Afternoon Tea

Tea/Coffee/Milo

*With*

Biscuits

*Fruit Available*

### Tea

Scotch Broth Soup *OR* Fish Cocktails and Chips *OR* Mixed Sandwiches

*Fresh Fruit Available*

## WEDNESDAY

### Breakfast

Choice of Cereal *OR* Porridge *OR* Bacon/Poached Eggs *OR* Wholemeal Toast with Selection of Spreads

*With*

Fresh Fruit/yoghurt

### Morning Tea

Tea/Coffee/Milo/Milkshakes

*With*

Scones/Cake/Slice/Biscuits

*Fruit Available*

### Lunch

Roast Turkey *OR* Pickled Pork

*With*

Roast vegetables

*Pavlovas / Fruit & Cream*

*Pear/orange juice*

*Fruit Available*

### Afternoon Tea

Tea/Coffee/Milo

*With*

Biscuits

*Fruit Available*

### Tea

Pea & Ham Soup *OR* Savoury Mince *OR* Mixed Sandwiches

*Fresh Fruit Available*